



KARE
HEALTH & WELLNESS

HOCATT™

Hyperthermic Ozone & Carbonic Acid Transdermal Technology

THE HOCATT™ IS A SINGLE UNIT DEVELOPED FOR A SINGLE PURPOSE – STRATEGIC WELLNESS AND VITALITY. How does it do this? Using a combination of powerful modalities, the HOCATT™ detoxes the body, improves circulation, boosts energy, and strengthens the immune system.

WHY IS THE IMMUNE SYSTEM SO IMPORTANT?

When it's working properly, the immune system is nature's most perfect healing network – it provides the ideal platform for the recovery of any illness or disease.

However, the immune system is not invincible! It can be weakened by things that overburden it, like heavy metals and toxins in the water we drink, the air we breathe, and the food we eat. In today's world we are all steadily exposed to toxins, and most of us remain unaware as they continue to accumulate. Eventually, the pace of incoming toxins may overtake the pace at which your body can eliminate them. When you reach this point, your body has no choice but to store some of these toxins, which it does in your fat cells. A study done in 2005 found that blood samples from newborns contained an average of 287 known toxins¹ – if a newborn is exposed to that many toxins, imagine how many you have been exposed to in your LIFE!

An unhealthy lifestyle like eating too much sugar, excessive alcohol consumption, smoking, lack of exercise, stress, too little sleep, and lack of oxygen also weakens the immune system. When this happens, the door is left open for disease to creep in...

This is why supporting the immune system is so important, because it's not just there to fight diseases – a strong and balanced immune system will prevent you from getting sick in the first place. With a strong immune system, everything works better! But what does this mean for you? You'll FEEL better, LOOK better, PERFORM better, you'll have more energy, focus and drive.

HOW DOES THE HOCATT™ WORK?

The HOCATT™ delivers a combination of technologies perfectly sequenced to give a gentle, but incredibly powerful session that boosts energy, and detoxifies the body down to cellular level. The main technology is Transdermal Ozone, which is generated from pure Oxygen. You can think of Ozone as a Super-Oxygen!

1. Washington, DC: Environmental Working Group (EWG); 2005 July 14; 77p. (Online). Available: <http://www.ewg.org/reports/bodyburden2/> (2005 July 27)

This device has been evaluated and awarded CE Certification. It has not been evaluated or approved by the FDA or NDF, and we do not claim its intended use to cure any disease or medical condition.

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HOCATT™

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HOW DOES HOCATT™ DETOX YOUR BODY?

The HOCATT™ is 7x more effective at detoxifying the body and chelating (binding) heavy metals than conventional saunas! While relaxing in the HOCATT™, the ozonated steam covers your skin, flooding your body with Super-Oxygen products! These bind to toxins and heavy metals, making it easier for your body to excrete them, and because the HOCATT™ is also a steam sauna chamber, you get to sweat the toxins out too!

Not only does the HOCATT™ detox your body, it also modulates the immune system. It also improves blood and lymph circulation, and enhances all organ function – including the production of hormones and enzymes. The HOCATT™ also reduces stress and anxiety, which is very important for immune health.

HOCATT™ MODALITIES:

- **Transdermal Ozone**
- **CO₂ / Carbonic Acid**
- **Whole Body Hyperthermia (WBH)**
 - Far Infrared
 - Steam Sauna
- **High-Intensity PEMF (Pulsed Electro-Magnetic Fields)**
- **Frequency Specific Microcurrents**
- **Exercise with Oxygen Breathing**
- **Essential Oil Infusions**
- **Photon Light & Colors**
- **Ultraviolet Irradiation**

Each session is just 30 minutes long, which is another great thing about the HOCATT™ – it allows you to do everything you need to do to achieve optimal wellness and vitality, or to reach a peak state of performance, and it delivers this to you ALL AT THE SAME TIME, for just 30 minutes out of your day!

The HOCATT™ has tremendous VALUE: Not only do you receive so many modalities in one session, but because of the way these modalities support and potentiate one another – you get twice the results!

There is nothing else on the market that can do what the HOCATT™ does – and REMEMBER! You don't have to be sick to benefit: whether you're ill, an athlete looking to boost performance, or just a healthy person concerned with prevention or looking to get even healthier and detox your system, the HOCATT™ will benefit you.



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